



**INFORMED CONSENT**  
**INCREASE IN PENIS SIZE THROUGH SUBDERMAL FILLING**  
**Dr. Ricardo Madrigal**

**SPECIFIC RISKS** There are some specific risks related to enlargement of the penis with subdermal filler. These may be the following.

**Infection:** Infection is a risk of the procedure. Be sure to take the full course of antibiotics given to you in the clinic as instructed. Tell your doctor if you are allergic to penicillin. If you have not picked up antibiotics after your procedure, tell the doctor as soon as possible. If you suspect an infection, contact your doctor as soon as possible.

**Allergy:** An allergic reaction to hyaluronic acid is rare and generally mild. An allergic reaction can appear as a skin rash. If an allergic reaction occurs, treatment with hyaluronidase and antihistamine medications may be necessary and may lead to dissolution of part or all the filler.

**Irregularities:** The patient can mold the filling during the first week. Additional filler can be added at the expense of the patient to improve the result if necessary. However, in some cases, it may not be possible to mold all irregularities and it may be necessary to treat such irregularities or lumps with the enzyme hyaluronidase (solution) (applicable only to hyaluronic acid fillers).

**False Expectations:** As a patient you may incorrectly believe that it is possible to change the size of your penis from very small to very large, with only a small amount of filler. A patient may also incorrectly believe that this procedure will increase the length of his erect penis when this is not a predicted or expected result.

**Numbness:** The penis may feel numb for a few days, especially on the dorsal (upper) side of the penis.

**Pain:** The penis may be tender for 1 week after the procedure, depending on the type of filler used.

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**Swelling:** It will usually take up to 2 weeks for the swelling to subside. If a large amount of filler is injected or if the body responds with significant inflammation, it may take 1 month for it to completely go away. Only after 4 weeks, or once the inflammation has subsided, will the patient know the result of the procedure.

**Bruising:** This varies significantly from patient to patient and usually resolves within 1 week. In rare cases, bruising and bruising can be substantial. **Delayed-onset inflammation:** In rare cases, inflammation in the penis can occur months after the procedure and in some cases will require the filler to dissolve or additional treatment.

**Filler migration:** The dermal filler may move from the area where it was first injected. The filler is more likely to move during the first week after being injected and before integrating with the surrounding tissue. See the instruction document on limiting physical activity and wearing proper underwear.

Tell your doctor if you have a history of dysmorphia, mental illness, any past urinary or genital infections, such as genital warts, herpes, mycosis, chlamydia, but also HIV, hepatitis or immune disease, and any sexually transmitted infections (STDs). Your doctor should be informed of all previous surgeries, medical conditions, and details of past penile augmentation procedures, as well as any medications you are taking.

- You agree to read the post procedure instructions and care document provided by the responsible physician.
- You agree to contact the clinic through instant messaging through the WhatsApp application at the number +52 664 175 1763 to periodically expose the progress of the results, changes or alterations and other concerns about the regular development of the recovery process.

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## **CONTRAINDICATIONS - When the product should not be used.**

- Patients with known hypersensitivity to hyaluronic acid;
- Patients with known hypersensitivity to lidocaine or amide-type local anesthetics;
- Patients suffering from porphyria;
- Patients who have inflammatory and / or infectious skin processes (herpes, etc.) or sexually transmitted infections.

There are no clinical data available regarding the efficacy and tolerance of hyaluronic acid in patients with a history of, or currently suffering from, autoimmune disease or immune deficiency, or who are under immunosuppressive therapy. Patients with impaired immune systems may have an increased risk of infection after injection of dermal fillers depending on their disease state. A determination of the individual risks and benefits should be considered before deciding whether to proceed with the injections.

There are no clinical data available on the tolerance of hyaluronic acid filler in patients with a history of severe or multiple allergies. Patients who have a history of streptococcal disease (recurrent sore throat, acute rheumatic fever) may undergo skin tests for hypersensitivity before giving any injection.

Patients should be advised to take blood-thinning medications or to use substances that may prolong bleeding (warfarin, acetylsalicylic acid, non-steroidal anti-inflammatory drugs or other substances that increase clotting time, such as herbal supplements with garlic or ginkgo biloba, etc.). The potential increased risk of bleeding and bruising during the injection.

## **UNDESIRABLE EFFECTS**

Patients should be informed that there are possible side effects associated with the injection of this product, which may occur immediately or may delay.

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These include, but are not limited to:

- Inflammatory reactions (redness, edema, erythema, etc.) that may be associated with itching and / or pressure pain and / or paresthesia, which occur after injection. These reactions can last a week.
- Bruising and severe bruising are possible.
- Induration or formation of nodules.
- Staining or discoloration of the injection site may be observed.
- Rare but serious adverse events, such as occlusion, have been reported in association with intravascular injection of dermal fillers that, if left untreated, could cause skin necrosis and damage to underlie structures.
- Abscesses (pus collection), granuloma, and immediate or late hypersensitivity have also been reported after injections of hyaluronic acid and / or lidocaine.
- Patients should inform their doctor as soon as possible of inflammatory reactions that persist for more than a week or any other side effect that develops.
- Inflammation, infection, fistula formation, hematoma, seroma, extrusion, induration formation, inadequate scarring, skin discoloration, inadequate or excessive increase, loss of correction, interference with local circulation if injected into a resulting blood vessel in vessel laceration, occlusion, embolism, infarction and abscess at the implant site that can cause induration and / or scar formation.

Injection-related reactions, including swelling. Redness, pain, itching, discoloration, or tenderness may occur at the injection site. These usually resolve spontaneously within several days after the injection. Nodules or granulomas may form that require treatment or removal. Adverse events could occur, in addition to those mentioned above, as can be the case with any medical intervention.

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## RISK OF INFECTION

As a matter of general principle, the injection of any substance into the body is associated with a risk of infection. This risk increases in areas like the genitals.

The risk of infection decreases by taking antibiotics after the procedure. Take the full course of antibiotics as directed by the doctor. Tell your doctor if you are allergic to penicillin. Tell the clinic if you forget to pick up your antibiotics. Showering is recommended before treatment.

After the procedure, if your incisions have healed, you should gently wash the area with soapy water in the shower. You should not soak in the bath for at least 5 days or until your incisions have healed. You can further reduce the risk of infection by washing your hands before handling the penis in the week after the procedure and by not having sex for two weeks after the procedure. Maintain good general hygiene, including clean underwear every day.

The risk of infection is low, however, if it does occur, it should be treated seriously and promptly by contacting Dr. Ricardo Madrigal, or if you cannot do so (for example, if you are abroad) seeking medical assistance.

If at any time after treatment you suspect an infection, contact the clinic immediately by calling, texting, or WhatsApp at +52 664 175 1763.

The infection may appear as bulking, redness, severe pain, fever.

If an abscess develops, it may require drainage. This could involve making an incision or inserting a needle into the abscess to drain any fluid and pus. In rare cases, some or all of the filler may need to be dissolved in the infection area, assuming you have used a hyaluronic acid filler (which can dissolve).

If you suspect an infection has occurred, contact the clinic or your doctor urgently to start antibiotic treatment or other treatment that may be considered necessary. Delaying treatment of an infection can cause damage to the penis in extreme cases or if left untreated for long periods of time.

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## UNCIRCUMCISED PATIENTS

During this procedure, we must be careful not to place too much product towards the head of the penis, especially in uncircumcised men. Placing too much filler near the head of the penis can make it harder for some patients to retract the foreskin of the penis.

The risk is higher in patients who already have mild to severe phimosis (phimosis is a condition in which the foreskin of the penis cannot be removed beyond the glans / head of the penis).

Uncircumcised patients may be more prone to migration of the filler to the foreskin region. This can present as small lumps of filler visible when the foreskin is retracted.

Keep the penis supported in underwear (trusses) for the first 7 days after the procedure, so that gravity, diffusion, and the impact of walking do not cause the padding to migrate to the head.

If you notice excessive product around the head, try massaging this up the shaft toward the base of the penis before the filler is integrated / 'set' (approximately 7 days after the procedure).

It may be easier to push the migrated fill out of this region when it is erect, if possible. If you can't push the filler, you may need to re-dissolve in the clinic, and as a result you may lose a small amount of the filler.

## GLAND PENIS INJECTION - for increasing / treating premature ejaculation.

Filler can be injected into the head of the penis to increase the size of the head or to reduce the sensitivity of the head for the treatment of premature ejaculation. Some of the risks are infection, necrosis, excessive reduction in sensitivity, or inadequate reduction in sensitivity.

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**For premature ejaculation.**

A reduction in sensitivity is not guaranteed. We have found the treatment to be effective in approximately 50% of patients who complete a full 6 ml treatment cycle (2 ml x 3 sessions).

You can take three or more treatments (typically using 2 ml per treatment) to observe any reduction in sensitivity. A reduction in sensitivity may not be achieved. It is also possible that too much sensitivity is reduced, in which case dissolving part of the filler could restore sensitivity.

**For penis glans(head) augmentation:** It can take a significant volume of filler to produce a noticeable increase in size. This procedure has a significantly lower satisfaction rate (around 50%) compared to hyaluronic acid injections along the shaft of the penis (satisfaction rate greater than 97%). This may be due to unrealistic expectations of the size increase that can be achieved.

In general, the filler injected into the head of the penis produces disappointing results (in terms of enlargement). Increasing the size of the head of the penis can also make it difficult to retract the foreskin and is not recommended for patients with phimosis or a tight foreskin to begin with.

**LEGAL ASPECTS - TERMS AND CONDITIONS.**

The life expectancy of subdermal fillers in the genitals depends on the type of filler used and varies from patient to patient. In general, in the case of hyaluronic acid fillers, after approximately 12 to 24 months, depending on the exact model of filler and the patient, approximately half of the filler will remain. The rest will have been metabolized and expelled from the body.

In exceptional circumstances, the body can metabolize the filler at a rapid rate, which means that the filler is absorbed in a few months, although this is highly unlikely. The body's immune system can also cause the filler to be reabsorbed quickly. Filler reabsorption rates are impossible to predict and vary from patient to patient, therefore are not guaranteed.

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## **AINCREASE IN SIZE ACHIEVED**

It is not possible to accurately predict the size increase that will be achieved with a given amount of filler, as there is variation between patients for reasons such as variation in penis size, thickness and elasticity of the penises. tissues and skin.

Subdermal filler injections do not change the erect length of your penis; however, they may (or may not) increase the flaccid length of the penis. Differences in skin elasticity may explain why, for example, a 10 ml procedure in patient A produces a smaller or larger increase in size than a 10 ml procedure in patient B.

More filler can always be added on subsequent visits to the clinic if the result achieved does not provide the desired increase in girth. It may be better to take less filler on your first visit, in case the result achieved is higher than expected. If the penis is too large after the procedure, part of the filler can dissolve to reduce size (only hyaluronic acid fillers can dissolve).

## **CONTRACT / LIABILITY**

Dr. Ricardo Elieser Madrigal Medina Certified Urological Surgeon is ultimately responsible for the outcome of surgical and non-surgical procedures.

**IMPORTANT INSTRUCTIONS** Take the full dose of medications and antibiotics prescribed by your doctor and follow his instructions.

**You should not have sex for 2 weeks after the procedure. Explanation:** Having sex before 2 weeks could cause an infection and cause the filler to move. Masturbation and ejaculation are allowed following the procedure.

**You should not go to the gym, do heavy physical work or exercise with your legs, or run for 1 week. Explanation:** Public gyms can have a high rate of bacteria. Exercises like squats can disrupt the padding and the impact of running can move the padding in the first week before it settles.

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**You will need to be able to obtain and maintain an erection to effectively mold the substance.**

**Explanation:** To effectively mold the filler, the patient must press the filler against the erect shaft of the penis. Pressing the padding against a flaccid or semi-erect penis will be less effective, since when the padding is pressed there is less resistance from the shaft of the penis. The first two weeks it will be more difficult to achieve an erection and the penis will look shorter but it is only temporary, you can use viagra or other generics, I recommend starting with 50 mg 1 hr before massage.

**You should wear supportive underwear for 1 week after the procedure.** **Explanation:** You must keep the penis supported (not hanging). Wear supportive underwear (trusses or tight underpants) for 1 week after the procedure, changing daily. Wear supportive underwear on the day of your procedure. If the penis is left hanging down and unsupported in underpants or the like, the gravity and impact of walking can cause the padding that has not been established to move toward the head of the penis.

**We recommend cotton trusa shorts with a front "Y" design for greater support.**



**Example of support underwear.**

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## FILLER MOLDING

Dermal filler is better molded, if necessary, when erect, as the erect shaft provides resistance to press the filler.

Hyaluronic acid-based fillers have some initial malleability (you can mold the filler by applying pressure to spread and flatten it when it is erect). This can be beneficial by allowing you to smooth out small irregularities.

If you want to move the padding towards the head or base, you can massage it in any direction while the penis is erect. It is best to start molding as soon as possible (but a minimum of 4 hours after the procedure). As the day passes, the padding will integrate with the surrounding tissue and the "ensemble" will be more difficult to move and adjust.

The hyaluronic acid dermal filler will integrate with the tissue of the penis for the first 14 days. After this period, any abnormal placement should be dissolved and reinjected, which is possible with hyaluronic acid filler. The hyaluronic acid filler can be spot-dissolved to adjust small areas if necessary (not all the filler needs to be dissolved to make a correction).

## MOLDING INSTRUCTIONS

- Wash your hands first and then achieve an erection.
- Evaluate visually and by touching how the filling is distributed along the axis.
- You should not try to spread the filling towards the bottom of the penis (the side that points towards the floor when it is erect), spread only along the top and sides.
- If there is any irregularity, for example, concentrated filling in one area and not in others, press firmly on the protruding filling using the erect shaft as resistance. Note: Light pressure will probably be insufficient, press firmly (but not so firmly as to cause significant pain).
- If there are small bumps of filler that do not spread easily, pinch between the thumb and finger and they will gradually break.

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- The sooner you start to mold the filling, the better, by day 4 or 5 the filling is almost "set" and becomes very difficult to mold.

- If you can't seem to soften the filler or if it has already been configured, you can modify it again in the clinic with a dissolution enzyme; in the event that a hyaluronic acid filler has been placed.

It takes a couple of weeks for the subdermal hyaluronic acid filler to stabilize, absorb water, and diffuse. For this reason, it may be necessary to return 2 to 4 weeks after treatment. If more product is required to ensure uniform coverage, this can be injected during the patient follow-up consultation at a cost to the patient. Hematomas and sensitivity vary greatly from patient to patient.

The bruises will often become more apparent a day or two after the procedure and can last 1 week. The swelling can last up to 2 weeks and can be quite impressive. If the swelling persists after a few days, please contact our clinic. A small amount of residual inflammation may appear for up to 2 weeks, or even 1 month in some cases, for example if the patient has had a lot of padding.

If you have any significant pain or difficulty urinating, call the clinic as soon as possible.

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CIRUGIA GENITAL DEL HOMBRE, S.C. DE R.L.